



CH

TRAINING
COACHING

Do You Need Help Getting Your Management Team to the Next Level?

We Grow Strong Leaders

Our management-level professional forum groups are designed to enhance your team's skills while improving the overall health of your organization.

Our Forum Group is Dedicated Exclusively to Management Level Professionals

With decades of executive leadership training experience, **CH Training** realized there was a void in the marketplace; mid-management was not receiving the training and support that they needed to fully close the loop on improved company culture and organization health which directly impacts employee attraction, retention and engagement.

“Corporate culture matters. How management chooses to treat its people impacts everything - for better or for worse.” - *Simon Sinek*

What Your Manager and Company Will Gain

- ◆ Enhanced communication skills
- ◆ Improved engagement with their employees
- ◆ Stress management skills
- ◆ Conflict management training
- ◆ Improved organization health
- ◆ Personal and professional growth
- ◆ Social and emotional intelligence
- ◆ Relationships with trusted professionals

Your Manager's Commitment

- ◆ Attend 1-Monthly Group Session
- ◆ Participate in 1-on-1 Coaching Sessions
- ◆ Complete CH Training Self-Assessment
- ◆ Be Open-Minded and Willing to Change

We Grow Strong Leaders Through a Relationship Driven Approach

CH Training and Coaching are Organizational Health Specialists who work with leaders to achieve professional and personal human-centered growth. We care deeply about people and understand the challenges and stresses that leaders face. Our mission; is to help leaders be more effective.

Goals of the Management Level Professional Forum Groups:

- ◆ Improve self-awareness
- ◆ Become effective communicators
- ◆ Resolve conflict efficiently and promptly
- ◆ Build trusting relationships
- ◆ Improve organizational health
- ◆ Improve professional and personal skills
- ◆ Increase confidence
- ◆ Effective stress management
- ◆ Increase managements empathy
- ◆ Accountability for self and others

“Partnering with CH Group’s Executive Coaches has been a game-changer for L&L Products. Their expert guidance has not only honed the skills of our leaders but has also infused our corporate culture with assertive, yet empathetic communication. The value they add is immeasurable, catalyzing growth and inspiring excellence throughout our organization.”

- Jay KRAWCZYK
Director of Human Resources - L & L Products

How to Join the Forum

Visit chtrainingandcoaching.com/contact and fill out the application form. One of our organizational health specialists will reach out to you after reviewing your application for an interview to determine if you are a good fit for the forum.

Or, contact our organizational health specialists by phone or email directly to schedule an interview.



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